

1) In what ways have you tried to change your behavior? (What rules have you set for yourself?)

How have they worked?

- 2) When the pressure is really on, and your flesh begins to show itself with sinful impulses, what do you try to do to "stop"?
- 3) Consider the phrase, "They are too heavenly minded to be of any earthly good"...

Do you believe that phrase can be true? Why or why not?

4) What kind of reminders do you have setup to recalibrate your mind to "things above"?

STOP: What "earthly things" does your mind interact with/contemplate that you should lessen or stop altogether?

START: What reminders do you need to start using to better aid in setting your mind on "things above"?